

# Larapinta 2022

PROUDLY SUPPORTING

Make-A-Wish®  
AUSTRALIA

Join the Larapinta Trek 2022 in support of Make-A-Wish® Australia to help grant inspirational, life-changing wishes for children with critical illnesses.

Over seven days, you'll discover the rich history of Australia's First Peoples, exploring scenic landscapes along well-worn, red dirt tracks. At night, you'll camp under a blanket of stars and fall asleep to the nocturnal sounds of the desert.

Best of all, with every step you take, you'll help Make-A-Wish bring hope and happiness to the lives of critically ill children, their families and communities.

## Highlights

- ◆ Discover the Australian Outback on one of the world's premier walking treks
- ◆ Immerse yourself in the rich history of Australia's First Peoples, following red dirt tracks across the West MacDonnell Ranges
- ◆ Camp under star-studded skies and fall asleep to the nocturnal sounds of the desert
- ◆ Help grant wishes for Aussie kids with critical illnesses

Register before 5 December 2021 and get \$100 off your registration fee

## Fast Facts

-  13 - 19 September
-  Moderate Challenging (3/5)
-  Fundraising target: \$3,000
- Travel package: \$2,930  
Land only, subject to change
- Registration fee: \$390  
Non-refundable
-  Twin-share in 4-star hotel and at comfortable campsites

Register now

[events.inspiredadventures.com.au/events/make-a-wish-larapinta-2022](https://events.inspiredadventures.com.au/events/make-a-wish-larapinta-2022)



## I wish for a secret hideaway treehouse in my backyard

Jax, 6

melanotic neuroectodermal tumour

## The difference you'll make

Since 1985, Make-A-Wish has granted over 10,000 unforgettable wishes.

When a wish is realised, a child discovers that despite their situation, anything is possible. But a wish is not just a fleeting gift; each child's wish journey is carefully planned and delivered over several stages to create a positive and lasting impact. Wishes are designed to complement a child's medical treatment – working to calm, distract and inspire when they need it most. They offer an immediate boost to confidence and morale, and long term motivation for sick kids, their families and communities.

As part of this adventure, your fundraising and physical efforts will help Make-A-Wish grant more life-changing wishes and give sick kids a moment of respite that brings lasting impact.

Just \$50 could help paint a child's cubby house, a special sanctuary away from hospitals. With \$75, a child can become their favourite superhero, building their confidence and resilience. For \$250, a family can have a holiday to make lasting memories.



## I wish to be a princess at a fairytale ball

Savanna, 6

Rhabdomyosarcoma

## About Make-A-Wish Australia

**For 35 years, Make-A-Wish has granted inspirational, life-changing wishes for children with critical illnesses.**

As one of Australia's most trusted charities<sup>1</sup>, Make-A-Wish works in partnership with sick children, their families and medical teams to design and deliver wishes that are as unique as the children who imagine them.

No two wishes are alike, but every wish transforms the lives of those involved – from children themselves to their family, friends, the wish force and wider community.

<sup>1</sup> The Annual Charity RepTrak Study – 2018, 2019 and 2020



## Trip notes

B = Breakfast, L = Lunch, D = Dinner

### Day 1: Tuesday, 13 September 2022 Arrive Alice Springs

The adventure-of-a-lifetime begins! Upon arrival in Alice Springs, make your way to our hotel in the heart of Central Australia. The rest of the evening is free at leisure to explore this ruggedly beautiful town in the heart of Australia.

Meals: **B** **L** **D**

### Day 2: Wednesday, 14 September 2022 Alice Springs – Ormiston Gorge

Welcome to our Larapinta outback adventure! We set off early, starting our trek at the historic Alice Springs Telegraph Station at 7am. The station, founded in 1871, was used for relaying messages between Darwin and Adelaide. Along the route of the old telegraph line through the rocky, rolling country that spreads out before us, we follow a winding path across creeks and gullies. We continue along the scenic spine of Euro Ridge, taking in the incredible views of the surrounding Alice Valley and the gnarled peaks of the West MacDonnell Ranges off in the distance. The trail then winds down to Wallaby Gap, home to the elusive black-footed rock-wallaby and a variety of birdlife. Here, we meet our 4x4 vehicle and transfer to our campsite in Ormiston Gorge, right in the heart of the West MacDonnell Ranges. Tonight we enjoy a delicious camp dinner, then sleep beneath countless stars, listening to the intriguing sounds of the night desert.

Meals: **B** **L** **D**

Trekking distance: 14km

### Day 3: Thursday, 15 September 2022 Ormiston Gorge – Finke River

Today we begin our trek at Ormiston Pound, home to the most impressive gorge in the West MacDonnell region. Here, there's a near-permanent waterhole shaded by ghost gums and towering red rock walls. Following a trail away from the Pound, we weave through rolling limestone hills – home to unique plant life – to the Finke River. One of the oldest river systems in the world, the Finke River or Lhere Pinte (salty river) is what the Larapinta Trail is named after. In the afternoon, we make our way to Two Mile Campground to enjoy another night under the stars.

Meals: **B** **L** **D**

Trekking distance: 10km

## Day 4: Friday, 16 September 2022 Davenport Creek – Redbank Gorge

Today we cross the Davenport River, then make the climb up to Hilltop Lookout to enjoy panoramic views of the desert landscape. As we trek, we are rewarded with spectacular views of Mount Sonder or Rwetyepme (The Pregnant Lady) in the distance. Tonight, we return to our campsite shadowed by Mount Sonder, and watch as the sun sinks behind red sands and the colours of the night desert erupt into million-star accommodation.

Meals: **B** **L** **D**

Trekking distance: 11km

## Day 5: Saturday, 17 September 2022 Redbank Gorge – Mount Sonder

The trail we follow today is dominated by incredible views of Mount Sonder, the highest point in the West MacDonnell Ranges. Descending through mulga woodland and past distinctive knobbly black rock to shady Rocky Bar Gap, we then follow the southern flank of Mount Sonder to Redbank Creek. Here, we set up camp and rest ahead of our early morning ascent.

Meals: **B** **L** **D**

Trekking distance: 15km

## Day 6: Sunday, 18 September 2022 Mount Sonder – Alice Springs

It's a very early start today as we set off to summit Mount Sonder – the most memorable day of our adventure. Trekking in the cool morning air, we follow an arduous path, but are constantly rewarded with spectacular views in all directions – the Tanami Desert to the north, meteor craters in the south and all the paths we've trekked over the last couple of days. At the summit, we take a moment to enjoy the magnitude of our physical and fundraising efforts before making our descent. In the early afternoon, we transfer back to Alice Springs, where we have time to rest and maybe, celebrate our adventure with new friends.

Meals: **B** **L** **D**

Trekking distance: 16km

## Day 7: Monday, 19 September 2022 Depart Alice Springs

This morning, we bid farewell to Alice Springs, the Red Centre and our Larapinta adventure. As you make your way to the airport or prepare to explore further, you'll be filled with the memories and moments that have made this adventure one you'll never forget.

Meals: **B** **L** **D**



If absolutely necessary, Inspired Travel may have to add on an additional supplement fee should the current social distancing measures continue. This fee would be required if our operator needs to add on additional vehicles, equipment and/or staff.

**Includes:** Transfers as per itinerary • Accommodation in swag camping • Meals as per itinerary • Local guide • Entrance fees as per itinerary

**Doesn't include:** Airfares • Airport transfers • Travel insurance (highly recommended) • Soft drinks and alcoholic beverages • Personal expenses • Tips and gratuities (optional)



## Timeline



### Registration fee due: **immediately**

\$390 secures your spot. You're going to trek the Larapinta Trail.  
Register before **5 December 2021** and receive **\$100 off** your registration fee.



### Connect with your team online: **after registration**

Get to know your fellow adventurers on Facebook or via the social media hashtag #MakeAWishLarapinta



### Travel deposit due: **6 weeks after registration**

Pay \$950 travel deposit. Your travel booking is held.



### Half travel cost balance due: **March 2022**

Pay half travel costs to Inspired Travel. You will be invoiced by Inspired Travel.



### Fundraising milestone #1: **14 March 2022**

Congratulations! You've reached your first fundraising milestone of \$1,000 for Make-A-Wish.



### Travel cost balance due: **June 2022**

Pay remaining travel costs to Inspired Travel. You will be invoiced by Inspired Travel.



### Fundraising milestone #2: **12 August 2022**

Final fundraising payment of at least \$2,000.  
Well done! You've reached your final fundraising target of \$3,000!



### Go! **13 September 2022**

All your hard work and dedication pays off today. You're ready to trek the Larapinta Trail for Make-A-Wish!



## Your fundraising support

Inspired Adventures is the leading fundraising adventure agency in Australia and New Zealand, having successfully managed over 600 adventures and raising over \$41 million dollars.

We are a team of fundraising experts here to guide you on your journey from registration to destination. We will help you reach and even exceed your fundraising target, and prepare you for your adventure ahead. We've coached thousands of people just like you, and know it takes a team to achieve goals.

You are not in this alone. As soon as you're on board, your dedicated fundraising coordinator will work with you to create a fundraising plan. We'll be in touch with you over the course of your "Inspired" journey to offer advice and inspiration. And remember, we're only a phone call away.

### COVID-19: Safe travel and flexible bookings

We understand the challenges of planning ahead right now. That's why we promise to look after you if your adventure is affected by COVID-19.

**Flexible bookings:** If COVID-19 travel bans mean your Inspired Adventure cannot go ahead as scheduled, we will endeavour to reschedule the departure to a later date or you will receive a travel credit.

**Keeping you safe:** We've developed a stringent COVID-19 Pandemic Safety Management Plan in cooperation with government guidelines, tourism boards and the advice of medical experts to minimise the risks associated with travel as best as possible.

To learn more about what we're doing to keep you safe, you can visit our COVID-19 hub at [www.inspiredadventures.com.au/our-covid-response](http://www.inspiredadventures.com.au/our-covid-response)

### Responsible travel

When you travel with Inspired Adventures, you can be confident we've taken steps to look after you, the communities we visit and the wellbeing of our planet. Responsible travel is at the heart of everything we do.

**Environment:** \$10 from your registration fee will go to carbon credit programs in partnership with Carbon Neutral to offset the emissions from this trip.

**Treading lightly:** Trekking is a great, low-impact way to explore.

**Small group travel:** Your team will consist of a maximum of 25 people. Better for you, and better for the planet.

**Responsible business:** Inspired Adventures is a certified B-Corp, committed to using business as a force for good.

## Register now

📞 1300 905 188

✉ [info@inspiredadventures.com.au](mailto:info@inspiredadventures.com.au)

🖥 [events.inspiredadventures.com.au/events/make-a-wish-larapinta-2022](http://events.inspiredadventures.com.au/events/make-a-wish-larapinta-2022)



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and get **\$100 off your registration fee**

# Frequently Asked Questions

## About the adventure

### How challenging is this adventure?

This adventure is ranked 3/5. While no extensive trekking experience is required prior to registering, our adventures are specifically designed for people who are relatively fit and willing to train. The Larapinta Trail is a physical challenge, and the fitter you are, the more you will enjoy the experience. You will be well supported on the adventure, with the guides and your team all cheering you on. You are free to move at your own pace and we will take frequent breaks.

### How many people will be on my adventure?

We believe small group travel is better for the planet, and better for you. Our adventures usually have 10–20 participants, connected by their commitment to the greater good.

### Can I join an Inspired Adventure on my own?

Of course, most people do! Throughout your adventure journey, we will connect you with your fellow adventurers so you can get to know each other before you hit the road.

### What is the general age range of participants?

The minimum age for this adventure is 18, however younger ages are considered on application. We have had participants aged 16–84+ take part in our challenges, all united by their sense of philanthropy and adventure.

### Who is Inspired Adventures?

Make-A-Wish has partnered with Inspired Adventures to bring you this adventure of a lifetime. Over the last 17 years, Inspired Adventures has taken over 7,000 people, just like you, on adventures all around the world, raising over \$41 million for important causes. When you choose to travel with Inspired Adventures and Make-A-Wish, you can be confident you're in the best hands.

## Fitness and Training

### How do I train for this adventure?

We will provide you with information on how to prepare for your adventure when you register. In addition, we recommend that you consult your GP and a personal trainer to develop a training plan that will prepare you for the challenge. As part of your training, we recommend making use of your free time to complete full-day hikes and ideally a hike over several days. You should aim to be able to walk for 6–8 hours and get up to do it again the following day comfortably. It is sensible to start training as early as possible before you go on your trek.

### Do I need to carry my luggage on trekking days?

You will need to carry a day pack with personal items such as water, snacks, medications and spare clothing. The rest of your luggage will be transported each day.

## What to Expect

### What is the accommodation like?

Accommodation on this adventure is twin-share in 4-star hotels and at comfortable campsites. In Alice Springs, you'll stay in a 4-star hotel. While trekking, you'll camp in locations specifically selected for their accessibility to walking trails and the sheer beauty, peace and quiet they inspire. You'll sleep in traditional Aussie swags that include a mattress, sheets, pillow, doona (duvet), blankets and a sleeping bag, all supplied by our ground operator. Tents are also available.

### Will I be sharing accommodation?

Accommodation on this adventure is based on twin-share. You will be paired with a teammate of the same gender and, whenever possible, age group. Single rooms are available at an additional cost and subject to availability. You will have your own swag while camping.

### I'm travelling with a friend, can we stay together?

Absolutely! If you're travelling with a friend, please make note of this when registering and we will pair you together.

### What is the food like?

Food provided on this adventure varies, but could include:

**Breakfast:** Often a choice of cereals/muesli, toast cooked on the campfire, porridge, fruit, coffee and tea.

**Lunch:** Featuring everything from gourmet meats and beans to delicious condiments and cheese, you'll be able to make hearty wraps and more. Lunch is typically served en-route during trekking days. Your local guide will pack lunch in their pack and lay it out buffet-style when you stop for a break.

**Dinner:** At night, your taste buds are treated to traditional Australian Outback campfire cookery, with a diversity of dishes ranging from steak and salad, jacket potatoes and barbecues to risotto, pasta and chicken stir fry.

### I have dietary requirements, will I be catered for?

Of course, we will happily arrange for any dietary requirements you've noted during booking to be catered for. Please advise your local guide and Team Leader on Day 1 as well. You will be fed very well while you're on the adventure, but if you have a very specific dietary requirement or severe allergies, often it's best to pack some extra things as backup.

### What happens if there is a medical emergency?

Providing the safest possible environment is our highest priority and we have an outstanding safety record. All Inspired Adventures guides and Team Leaders are first aid trained and well-equipped to handle any medical emergencies.

### How will you manage the risk of COVID-19?

We have prepared a detailed COVID-19 Safety Management Plan to account for the wide variety of scenarios that may impact your departure. In the instance that the adventure is unable to proceed due to COVID-19, alternative departure arrangements will be provided where possible. For more information, please visit [www.inspiredadventures.com.au/our-covid-response](http://www.inspiredadventures.com.au/our-covid-response)

## Fundraising

### How do I fundraise?

Never fundraised before? Not sure where to start? No worries, we don't expect you to do it alone. You will have regular support from the Inspired Adventures fundraising team, who will help you make a fundraising plan to meet your target. Alongside personalised coaching, we will also send you lots of ideas and resources on how to fundraise. From online fundraising to trivia nights, bake sales and out-of-the-box ideas – we have years and years of tried and tested tips to make your fundraising a success.

### What happens if I don't meet my fundraising target?

It's normal to worry you won't meet your fundraising target, but we know you can do it. In fact, with the support of Inspired Adventures, almost everyone goes on to raise far more than they imagined. By registering for this adventure, you agree to raise the minimum fundraising amount specified. Like you, we are looking to make a significant impact for our charity partners, so the goal is for each person to have met their fundraising target before departure. If you fail to raise the minimum fundraising target by this time, we will review the situation on a case-by-case basis.

### I'm travelling with a friend, can we fundraise together?

Absolutely! Fundraising with a friend is a great idea. Just remember the fundraising target is per person, so you will each need to meet the minimum fundraising goal to participate. We know you can do it.

### Will the funds raised go directly to Make-A-Wish?

Yes, all funds go directly to Make-A-Wish. Only the registration fee and travel costs are payable to Inspired Adventures.

### Is my donation tax-deductible?

The funds raised for Make-A-Wish Australia are tax-deductible (conditions apply).

## Costs and Payments

### How much does it cost to participate in this adventure?

The total cost to take part in this adventure is: \$3,320  
Registration fee + travel cost = \$390 + \$2,930 per person  
Fundraising target = \$3,000 per person

### Is the travel cost guaranteed?

We will do our best to keep the travel costs as quoted. However, please bear in mind they can change due to group size or factors out of our control. Due to the unpredictability of the impact of COVID-19 on borders and safety requirements, our ground operators may be required to change their operations in a way that could impact cost. In this event, Inspired Travel may have to add on an additional supplement fee if absolutely necessary. This fee would be required if our operator needs to add on additional vehicles, equipment and/or staff.

### Why do I need to pay a registration fee?

When you register, you will be required to pay a registration fee to secure your spot on the team. From the minute you register until you return from your adventure, the team at Inspired Adventures will provide you with everything you need, including a tailored fundraising plan, fitness advice and support with your travel preparations. You'll receive access to your online adventure portal complete with your own online fundraising page and lots of resources to help you along the way. Your registration fee goes towards our cost of managing the adventure and supporting you on your journey.

## Insurance

### Do I need to have insurance?

Travel insurance is highly recommended for domestic adventures to cover cancellation, hospital, emergency evacuation and lost luggage. We recommend purchasing your policy as soon as possible. It is up to you to ensure you have fully comprehensive travel insurance and you will need to share these details with our team before departure. For more information, please visit [www.inspiredadventures.com.au/travel-insurance-information](http://www.inspiredadventures.com.au/travel-insurance-information)



### Still have questions?

Get in touch via email ([info@inspiredadventure.com.au](mailto:info@inspiredadventure.com.au)) or phone (1300 905 188) and our team will be able to assist. We're always happy to help.